

Good News For everyone

21 days of praying and fasting

Dear church family:

It's a blessing for me to invite you to this special event.

This is a special season in the life of our church. Beginning **Monday, March 16**, we will enter into our annual **21 Days of Prayer and Fasting**—a powerful time set apart to seek God together as a church family.

This is more than an activity on our calendar. It is a **divine opportunity** to draw closer to God, grow spiritually, and witness His power at work in our lives, our families, and our church in ways we may never have experienced before.

This year's theme is **"Good News for Everyone."**

Every day we hear difficult news from around the world. Sometimes it can feel overwhelming, and hope seems hard to find. But the message of the Gospel reminds us that **God still has good news for humanity**. During these 21 days, we will reflect on passages from scripture that were carefully picked and prepared by pastor Janina, pastor Maritza and myself, that remind us of the **hope we have in God through Jesus Christ**—a hope that transforms lives and renews hearts.

Why do we pray and fast?

Because **prayer brings us closer to God—the One who has the power to change everything**.

Prayer softens hearts, restores families, strengthens our church, and impacts our community. When we intentionally set aside time to seek God, we align our lives with His will. As we pray together, the **Holy Spirit begins to work among us**, bringing unity, spiritual renewal, and deeper faith.

I truly believe these **21 days will be a time of breakthrough, renewal, and fresh revelation** for our church.

How can you participate?

Everyone can take part in a way that is meaningful and manageable for them:

- ◆ **Set aside a specific time each day** to pray and read the Word of God.
- ◆ **Follow the prayer guide** that will be provided to help focus our prayers.
- ◆ **Choose a fasting plan that works for you:**

- **Half-day fast:** 6:00 a.m. – 12:00 noon
- **Full-day fast:** 6:00 a.m. – 6:00 p.m.
- **Personalized fast:** You may fast from certain foods, social media, or other distractions so you can focus more intentionally on God.

If you have a **medical condition that prevents fasting**, you can still fully participate by dedicating intentional time to prayer and meditation on Scripture.

We encourage every member of our church family to **commit to at least one day of prayer and fasting** during these 21 days.

God has great things prepared for us! His Word reminds us in **Jeremiah 33:3**:

“Call to me, and I will answer you and tell you great and unsearchable things you do not know.”

Let us come together with faith and expectation, believing for **miracles, spiritual renewal, and a fresh outpouring of God’s Spirit** as we seek Him as one family.

Will you join us?

With faith and expectation,

Pastor Juan Espino

Green Valley Alliance Church